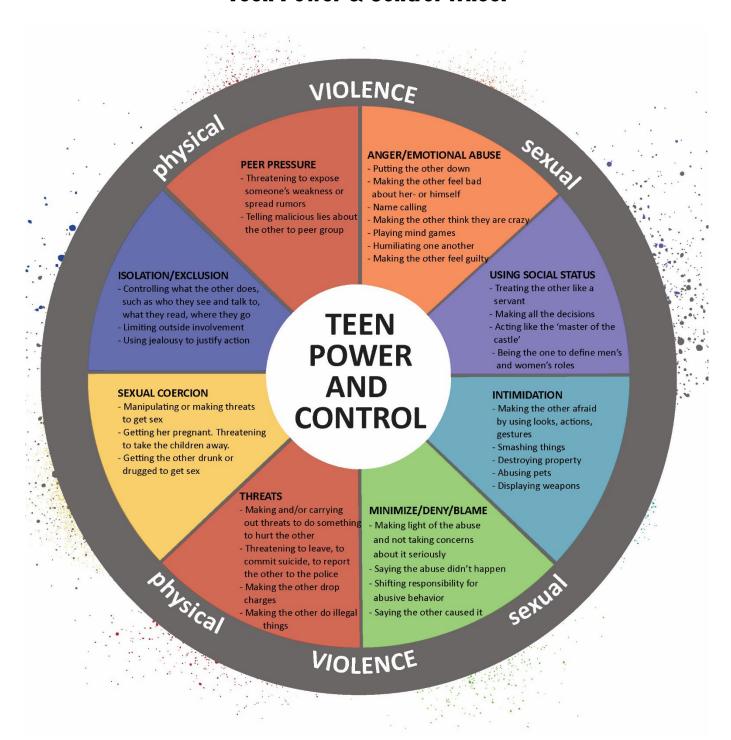
Teen Equality Wheel

NONVIOLENCE **NEGOTIATION AND NON-THREATENING FAIRNESS BEHAVIOR** Seeking mutually Talking and acting so satisfying resolutions that each feels safe and to conflict. Accepting comfortable expressing changes. Being willing themselves and doing things. to compromise. RESPECT COMMUNICATION Willingness to have open and Listening non-judgmentally. spontaneous dialogue. Having Being emotionally affirming and understanding. Valuing a balance of giving and receiving. Problem solving to mutual benefit. the other's opinions. Learning to compromise without **TEEN** one overshadowing the other. **EQUALITY** TRUST AND SUPPORT **SHARED POWER** Supporting each other's goals Taking mutual responsibility in life. Respecting each other's for recognizing influence on the relationship. Making right to their own feelings, decisions together. friends, activities, and opinions. **SELF-CONFIDENCE AND HONESTY AND PERSONAL GROWTH ACCOUNTABILITY** Respecting each other's Accepting responsibility for personal identity and oneself. Acknowledging past use encouraging individual growth of violence. Admitting being and freedom. Supporting each wrong. Communicating other's security and worth. openly and truthfully. NONVIOLENCE

Adapted from the Domestic Abuse Intervention in Duluth, Minnesota

Teen Power & Control Wheel



Adapted from the Domestic Abuse Intervention in Duluth, Minnesota