

Prevention Program

Tiered Activity Ideas



To achieve consistent results and real change in your school, KnowYourNeuro programming must be deployed consistently through the school year and saturate all groups (students, families, & staff) within the community. Use this checklist as a reminder of when program elements should be implemented and to whom. Activity ideas, announcements, emails, posters, and resources can be found in the KnowYourNeuro website.

FREQUENCY	ACTIVITY	AUDIENCE
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ENGAGEMENT GROUP MEETINGS

Monthly	Meet with FAMILY ENGAGEMENT GROUP -decide on topic activities	Families
Monthly	Meet with STUDENT ENGAGEMENT GROUP -coordinate topic activities	Students
Monthly	Meet with STAFF ENGAGEMENT GROUP -coordinate topic activities	Staff

TIER I (UNIVERSAL OR PRIMARY PREVENTION) ACTIVITIES - ENTIRE COMMUNITY

1 st of month	Email Topic Announcement	Staff
1 st of month	Email Topic Announcement	Families
1 st of month	Email Topic Announcement	Students
1 st of month	Update School Webpage Topic & Events	All
1 st of month	Distribute Printed Topic Handouts to Staff for Monthly Topic Classroom Activities	Staff
Weekly	Read Morning KnowYourNeuro Calendar Announcements	Students/Staff
Weekly	Implement Universal Activity	Students
	-Speaker (professional or student)	Students
	-Homeroom or Advisory Video/Discussions	Students
	-Lunchroom or Library Information Booth	Students
Monthly	Hang New Posters for Current Month's Topic	Students
Monthly	Order Posters for Next Month's Topic	Students
Monthly	Update the KnowYourNeuro Bulletin Board	Students
Monthly	Write an article or advertisement about the current month's topic or activity/event for the school newspaper or school's parent communication	Students
Quarterly	Create a Video/Audio Announcement about the current month's topic or upcoming activity/event for the morning announcements or emails	Students
Yearly	Program Kick-Off Event-large event such as a speaker, book signing, orientation, etc.	All
Yearly	Spring Semester Kick-Off Event	All
Yearly	Student Retreats	Students
Yearly	Theater Production	Students
When possible	Meet with Deans, Principals, or Counseling Staff to provide upcoming topic updates	Students
When possible	School Twitter or Other Media link	Students
When possible	Speaker at Lunch	Students
When possible	Art Contest	Students
When possible	Writing Contest	Students

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TIER III (INDICATED or TERTIARY PREVENTION) ACTIVITIES - STUDENTS ENGAGING IN HIGH-RISK BEHAVIORS

INDIVIDUAL OR SMALL GROUP

Weekly	KnowYourNeuro High-Risk Class - Videos and Handouts	Students
Weekly	Restorative Justice Group or Circles	Students
Weekly	Social Emotional Curricula Group	Students
Weekly	Positive Behavior Group	Students
Daily/Weekly	Counseling or Counselor Check-ins	Students

PARENT SUPPORT

Daily/Weekly	Phone calls to families/supports	Families
Daily/Weekly	Parent Coaching Sessions	Families
As needed	Make referrals for parent, student, or family support to outside resources	Families

COLLABORATIVE COMMUNICATIONS

Daily/Weekly	Make Referrals Contacts for Continuity of Care after obtaining ROI	Students
Daily/Weekly	Referral Follow-ups	Students
Daily/Weekly	Communication with Alternative Program	Students
Daily/Weekly	Staff Updates & Instruction	Students
As needed	Add to School's Off-campus Referral List	Students/ Families

*Schools may use these checklists as suggestions and add items specific to each school community.