

# Family Communication

## November 18

## International Survivors of Suicide Loss Day

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Dear Eagles (Insert School Name or Mascot Here) Family,

Good morning Eagles (insert school name or mascot here)! This upcoming November 18 is International Survivors of Suicide Loss Day. It was designated by the United States Congress as a day when the friends and family of those who have died by suicide can join for healing and support. One out of five people will know someone who committed suicide in their lifetime. For each suicide, about 135 people are affected.

If you, your child, or if you know someone who has experienced the loss of a loved one from suicide, we are here for you. You and your children will have the opportunity to learn more \_\_\_\_\_ (insert text from checked boxes below).

- From our counselor, teacher, or nurse
- During a homeroom or advisory class activity
- At the information table in the library, lunchroom, or (other public area)
- In this week's health classes
- In the [www.KnowYourNeuro.org](http://www.KnowYourNeuro.org) website
- Other \_\_\_\_\_

Suicide is a difficult topic to discuss, especially with your child. However, children need to hear from their parents before they hear about suicide from others. Get more information about healthy coping skills at [www.KnowYourNeuro.org](http://www.KnowYourNeuro.org).

For questions or more information, please contact me.

School Official's Signature and Contact Information