

Family Communication

February 9-15

Children of Alcoholics Week



Good morning Eagles Family (insert school name or mascot here)! This week is Children of Alcoholics Week, an annual campaign to raise awareness of children affected by a parent's drinking. Many kids are afraid to come home or bring friends over because of their parents drinking or substance use. Today we break the painful silence and offer hope to the vulnerable kids and teens impacted by parental addiction.

We are challenging students to let friends who may be living with substance abuse in their family know they are not alone. You and your children will have the opportunity to learn more _____ (insert text from checked boxes below).

- From our counselor, teacher, or nurse
- During a homeroom or advisory class activity
- At the information table in the library, lunchroom, or (other public area)
- In this week's health classes
- In the KnowYourNeuro.org website
- Other _____

We encourage you to talk to your kids about how they could help a friend or confront the issue in their family by openly communicating. Get the steps to creating a Family Code in the KnowYourNeuro.org website's Families Page to set expectations about your family's stance on substances.

For questions or more information, please contact me.

School Official's Signature and Contact Information