

Family Communication



March 10-16

Brain Awareness Week

Dear Eagle (Insert School Name or Mascot Here) Family,

Good morning Eagles Family (insert school name or mascot here)! Brain Awareness Week is the global campaign to foster public enthusiasm and support for brain science. We learn about the brain and how to keep it safe and healthy all the time with the help of Know Your Neuro!

We challenge your family to learn one new thing about the brain and create a family code about keeping brain development on track by saying 'no' to risky behavior. In school, we will be using the videos in www.knowyourneuro.org to learn how the brain is affected by risky behavior.

Have a discussion at the dinner table and ask your kids what they know about the brain! You and your children will have the opportunity to learn more _____ (insert text from checked boxes below).

- From our counselor, teacher, or nurse
- During a homeroom or advisory class activity
- At the information table in the library, lunchroom, or (other public area)
- In this week's health classes
- In the KnowYourNeuro.org website
- Other _____

High-risk behavior arrests healthy neurodevelopment and executive functioning skills growth. Learn more at www.KnowYourNeuro.org and use the handouts to generate discussions.

For questions or more information, please contact me.

School Official's Signature and Contact Information